

COLLECTION

Innovation, integration and modern
problems in the scientific activities of young
researchers and students: theory and
practice

www.d-pressa.com

31
MARCH



Jizzakh, Uzbekistan

MINISTRY OF HIGHER EDUCATION, SCIENCE AND INNOVATION OF
THE REPUBLIC OF UZBEKISTAN

JIZZAKH BRANCH OF THE NATIONAL UNIVERSITY OF UZBEKISTAN
NAMED AFTER MIRZO ULUGBEK

SCIENTIFIC JOURNAL OF SCIENCE TECHNOLOGY & DIGITAL FINANCE
JOURNAL OF INTERNATIONAL SCIENCE NETWORKS

Innovation, integration and modern problems in the scientific activities of young
researchers and students: theory and practice collection of materials of the
international scientific and practical conference on the topic

(March 31, 2026)

Jizzakh-2026

Innovation, integration and modern problems in the scientific activities of young researchers and students: theory and practice – Jizzakh: Department of economics and tourism of Jizzakh branch of the national university of Uzbekistan named after Mirzo Ulugbek, March 31, 2026, 990 pp.

Editors in charge: Ass.prof. Soy M.P.

In the collection of materials of the conference, the role and role of Science, Education and production in the era of globalization, the pressing problems of the issues of interaction of these processes, feedback on their solutions were presented by mature specialists of the field.

In addition, research on the scientific and practical topic, carried out in the economics, Exact Sciences, Natural Sciences and socio-humanities during the globalization period, information is presented in the scientific and practical fields, which includes the latest innovative technologies in the fields of production.

It can be argued that this collection is one of the specific intersections of current thoughts and innovative ideas of the world of science. This scientific and practical conference was actively attended by professors and scientific researchers engaged in scientific research in Uzbekistan and foreign countries. In increasing the position of the scientific and practical conference, the professors and teachers of domestic and foreign higher educational institutions made a significant contribution.

Professors and teachers of foreign higher educational institutions who actively participated in the work of the conference made a worthy contribution to the high level of interaction with scientists of our country. The processes of international cooperation with foreign countries and exchange with them in the field of Science in the era of globalization have a positive effect on the development of Higher Education, the fields of Science and production. The materials of this conference are special in that they include a wide range of research, from theoretical developments to practical solutions, demonstrating the diversity of approaches and directions in this area.

In conclusion, it should be noted that this scientific and practical conference will be a very useful collection for everyone who is interested in modern research in the fields of further development of Higher Education, Science, Education and production in the era of globalization. The authors are responsible for the content and quality of the articles and abstracts included in the collection.

TURIZMDA OVQATLANTIRISH XIZMATINI RIVOJLANTIRISH

Pardaboyev Shaxriyor

O'zMU Jizzax filiali 341-25 guruh talabasi

shaxriyorpardaboyev06@gmail.com

Annotatsiya: Ushbu tezisda turizm sohasida ovqatlanish xizmatining o'ri va ahamiyati, uni rivojlantirish yo'nalishlari hamda zamonaviy tendensiyalar tahlil qilinadi.

Kalit so'zlar: turizm, ovqatlanish xizmati, gastronomik turizm, restoran biznesi, xizmat sifati, turistik infratuzilma

Turizm industriyasining muhim tarkibiy qismlaridan biri bu ovqatlanish xizmatidir. Sayyohlar uchun sifatli, xavfsiz va milliy taomlarga boy ovqatlanish xizmatini tashkil etish turistik mahsulotning jozibadorligini oshiradi. Ovqatlanish xizmati mehmonxona xo'jaligi, transport va ekskursiya xizmatlari bilan bir qatorda turizmning asosiy elementlaridan hisoblanadi. So'nggi yillarda gastronomik turizm rivojlanib, sayyohlarning aynan milliy taomlar va mahalliy oshxona madaniyatiga bo'lgan qiziqishi ortib bormoqda. Shu sababli turizmدا ovqatlanish xizmatini rivojlantirish dolzarb masalalardan biridir.

Ovqatlanish xizmati turizm va mehmonxona sohasining muhim tarkibiy qismlaridan biri hisoblanadi. Bu xizmat turistlar va mehmonlarning oziq-ovqatga bo'lgan ehtiyojlarini qondirishga qaratilgan bo'lib, restoran, kafe, bar va boshqa ovqatlanish maskanlari orqali amalga oshiriladi. Ovqatlanish xizmati nafaqat mehmonlarni to'yimli va sifatli taomlar bilan ta'minlaydi, balki ularga milliy va xalqaro oshxona taomlarini tatib ko'rish imkoniyatini ham yaratadi.

Mehmonxonalarda ovqatlanish xizmati odatda nonushta, tushlik va kechki ovqat shaklida tashkil etiladi. Bundan tashqari, "shved stoli", individual buyurtma asosida xizmat ko'rsatish, xonaga ovqat yetkazib berish kabi xizmat turlari ham mavjud. Bu xizmatlar mehmonlarning qulayligi va qoniqishini oshirishga xizmat qiladi.

Ovqatlanish xizmatining sifatli tashkil etilishi turistlarda ijobiy taassurot qoldiradi va mehmonxona yoki turistik maskanning obro'sini oshiradi. Toza muhit, malakali oshpazlar, sifatli mahsulotlardan foydalanish hamda xizmat ko'rsatish madaniyati yuqori bo'lishi ovqatlanish xizmatining asosiy talablari hisoblanadi. Shu sababli ovqatlanish xizmati turizm sohasida muhim o'rin egallab, turistlarni jalb qilish va ularning ehtiyojlarini qondirishda katta ahamiyatga ega.

Avvalo, ovqatlanish xizmatini rivojlantirish uchun taomlar sifati va xilma-xilligini oshirish zarur. Mehmonlarga milliy va xalqaro oshxona taomlarini taklif qilish turistlarning qiziqishini oshiradi va ularning ehtiyojlarini to'liq qondirishga yordam beradi. Shu bilan birga, taomlarni tayyorlashda sifatli va ekologik toza mahsulotlardan foydalanish xizmat sifatini yanada yaxshilaydi.

Ovqatlanish xizmatini rivojlantirishda xizmat ko'rsatish madaniyati ham muhim o'rin tutadi. Xodimlarning malakasini oshirish, ularni mijozlar bilan muomala qilish, tezkor va sifatli xizmat ko'rsatish ko'nikmalariga o'rgatish zarur. Bu esa mehmonlarning qoniqish darajasini oshirib, ovqatlanish maskanining obro'sini mustahkamlaydi.

Bundan tashqari, zamonaviy texnologiyalarni joriy etish ham ovqatlanish xizmatining rivojlanishiga katta yordam beradi. Masalan, onlayn buyurtma tizimlari, elektron to'lovlar va raqamli menyular xizmat jarayonini tezlashtiradi va mijozlar uchun qulaylik yaratadi. Shuningdek, restoran va kafelarda qulay muhit yaratish, tozalikni ta'minlash ham muhim omillardan biridir.

Natijada ovqatlanish xizmatining rivojlanishi turistlar oqimining ko'payishiga, xizmat ko'rsatish sifatining oshishiga va turizm sohasining umumiy rivojlanishiga ijobiy ta'sir ko'rsatadi.

Restoranlar, kafelar va boshqa ovqatlanish obyektlari nafaqat sayyohlarga xizmat ko'rsatadi, balki yangi ish o'rinlari yaratadi va hudud iqtisodiyotiga ijobiy ta'sir ko'rsatadi. Hozirgi kunda xizmat sifati, sanitariya-gigiyena talablariga rioya qilish, zamonaviy dizayn va raqamli buyurtma tizimlaridan foydalanish kabi omillar ovqatlanish xizmatining rivojlanishida muhim ahamiyat kasb etmoqda.

Gastronomik turizm — bu sayohatning bir turi bo'lib, unda asosiy maqsad turli hududlar va mamlakatlarning milliy taomlari, ichimliklari va oshxona madaniyati bilan tanishish hisoblanadi. Bunday turizm sayohatchilarga nafaqat yangi joylarni ko'rish, balki o'sha hududning an'anaviy taomlarini tatib ko'rish, mahalliy bozorlarga tashrif buyurish, oshpazlik ustaxonalari va festival-larda qatnashish imkonini beradi. Gastronomik turizm orqali insonlar turli xalqlarning urf-odatlarini, tarixiy an'analari va madaniy merosi haqida kengroq tasavvurga ega bo'ladilar, chunki har bir millatning oshxonasi uning tarixini va turmush tarzini aks ettiradi. Bu turizm turi iqtisodiyot rivojiga ham katta hissa qo'shadi, chunki mahalliy restoranlar, fermer xo'jaliklari va oziq-ovqat ishlab chiqaruvchilari uchun yangi imkoniyatlar yaratadi. Shuningdek, gastronomik turizm sog'lom va sifatli mahsulotlarni targ'ib qilish, ekologik toza oziq-ovqatga bo'lgan talabni oshirishga yordam beradi. Hozirgi kunda ko'plab sayyohlar aynan milliy taomlarni tatib ko'rish maqsadida sayohat qilishni afzal ko'rmoqdalar, bu esa gastronomik turizmning dunyo bo'ylab tobora ommalashib borayotganini ko'rsatadi.

Tadqiqotning maqsadi turizm sohasida ovqatlanish xizmatini rivojlantirish yo'nalishlarini aniqlash, mavjud muammolarni tahlil qilish va takomillashtirish bo'yicha ilmiy asoslangan takliflar ishlab chiqishdan iborat.

Tadqiqot jarayonida ilmiy tahlil, taqqoslash, umumlashtirish va statistik ma'lumotlarni o'rganish metodlaridan foydalanildi. Shuningdek, soha bo'yicha ilmiy adabiyotlar va amaliy tajribalar tahlil qilindi.

Ushbu tadqiqot natijalari turizm va restoran biznesini rivojlantirishda amaliy tavsiyalar ishlab chiqishda qo'llanilishi mumkin. Shuningdek, ovqatlanish xizmatini tashkil etish va boshqarish bo'yicha ilmiy asos yaratishga xizmat qiladi.

Xulosa qilib aytganda, turizmda ovqatlanish xizmatini rivojlantirish turistik sohaning muhim yo'nalishlaridan biri hisoblanadi. Sifatli xizmat ko'rsatish, milliy

taomlarni targ'ib qilish va zamonaviy texnologiyalardan foydalanish turizm industriyasining barqaror rivojlanishini ta'minlaydi.

Foydalanilgan adabiyotlar:

1. Islomova, D. Gastronomik turizm va mahalliy oshxona. — Toshkent: «Ilm-Ziyo» 2021.
2. Jahon turizm tashkiloti (UNWTO) Turizm statistika hisobotlari. — Madrid: UNWTO, 2019–2022.
3. Rakhmonov, E. Turizm iqtisodiyoti. — Buxoro: BuxDU nashriyoti, 2020.
4. Davlat statistika qo'mitasi O'zbekiston turizm ko'rsatkichlari yilligi. — Toshkent: DSK, 2023.
5. Xalqaro turizm va mehmondo'stlik magazini «Journal of Tourism and Hospitality», 2021–2025 yillar sonlari.
6. Nodira T. et al. SAYYOHLAR RUHIY TIPLARIGA QARAB MARKETING STRATEGIYASINI MOSLASHTIRISH: HAYOTIY DAVR KONTEKSTIDA TAHLIL //WORLD OF SCIENCE. – 2025. – T. 8. – №. 11. – C. 58-60.
7. To'ychiyeva N., To'rayeva A., Qodirova N. YANGI O'ZBEKISTON IQTISODIYOTINI RIVOJLANTIRISHDA SAYYOHLARNING RUHIY TIPLARIGA QARAB MARKETING STRATEGIYASI //Scientific practical conference. – 2025. – T. 1. – №. 1. – C. 77-80.
8. To'ychiyeva N., Xalilova M. BARQAROR RIVOJLANISHNI TA'MINLASHDA TURIZM VA BRENDING //Scientific practical conference. – 2025. – T. 1. – №. 1. – C. 299-302.
9. To'ychiyeva N., Qodirov U. YASHIL IQTISODIYOTNI RIVOJLANTIRISHDA TURIZM XIZMATLARI SIFATIGA TA'SIR ETUVCHI OMILLAR //Scientific practical conference. – 2025. – T. 1. – №. 1. – C. 303-306.
10. Tuychieva N. PROSPECTIVE OPPORTUNITIES IN INNOVATIVE MANAGEMENT OF HIGHER EDUCATION INSTITUTIONS //MMIT Proceedings. – 2023. – C. 148-149.
11. Tuychieva N. THE ROLE OF DIGITALIZATION IN THE INNOVATIVE MANAGEMENT OF HIGHER EDUCATION INSTITUTIONS //MMIT Proceedings. – 2023. – C. 150-151.
12. Kamolov D. VIRTUAL TURIZM (VR) XIZMATLARINING RIVOJLANISH ISTIQBOLLARI //Scientific practical conference. – 2025. – T. 1. – №. 1. – C. 372-374.
13. Kamolov D. JIZZAX VILOYATIDA TURIZM KLASTERI RIVOJLANISHINING HUDUDNING IJTIMOY-IQTISODIY SALOHİYATIGA TA'SIRINI VAHOLASH: STRATEGIK YONDASHUV VA RIVOJLANISH ISTIQBOLLARI //Scientific practical conference. – 2025. – T. 1. – №. 1. – C. 48-52.
14. Цой М., Камолов Д. ЗНАЧЕНИЕ И РОЛЬ ДЕЯТЕЛЬНОСТИ СУБЪЕКТОВ МАЛОГО ПРЕДПРИНИМАТЕЛЬСТВА В ЭКОНОМИКЕ:

- МИРОВОЙ ОПЫТ И ПРАКТИКА УЗБЕКИСТАНА //Academic literature. – 2025. – Т. 1. – №. 1. – С. 1-105.
15. Nizametdinov A. TURIZMDA RAQAMLI IQTISODIYOTNING AHAMIYATI //Scientific practical conference. – 2025. – Т. 1. – №. 1. – С. 121-124.
16. Tirkashev U. THE NEGATIVE IMPACT OF INFLATION IN THE WORLD ON THE WELL-BEING OF THE POPULATION, THE COST OF PRODUCTS AND SERVICES //Journal of Contemporary World Studies. – 2024. – Т. 2. – №. 1. – С. 26-30.
17. Tirkashev U. IQTISODIY O ‘SISH DARAJASINI IFODALOVCHI KO ‘RSATKICHLAR TIZIMI //Scientific practical conference. – 2025. – Т. 1. – №. 1. – С. 66-69.
18. Tirkashev U., Lutfullayeva M. YASHIL TEXNOLOGIYALARNI JORIY ETISHNING IQTISODIY VA EKOLOGIK AFZALLIKLARI //Scientific practical conference. – 2025. – Т. 1. – №. 1. – С. 284-286.
19. Tuychieva N., Saitov S. Bank resources in the modernization of the economy //Science technology&Digital finance. – 2023. – Т. 1. – №. 4. – С. 41-52.
20. Sirojiddin S. Possibilities of Applying World Experience of Organizing Free Economic Zones in Uzbekistan //Web of Scientist: International Scientific Research Journal. – 2022. – Т. 3. – №. 11. – С. 1388-1413.
21. Sirojiddin S., E'zoza D., Abror E. Theories of perfect and imperfect competition //Web of Scientist: International Scientific Research Journal. – 2022. – Т. 3. – №. 11. – С. 1414-1434.
22. Saitov S. AVTOMOBIL TRANSPORT KORXONALARIDA BUXGALTERIYA HISOBINI TAKOMILLASHTIRISHNING YO'LLARI VA USULLARI: <https://doi.org/10.5281/zenodo.14513570>//International scientific and practical conference.–2024 //T. – Т. 1. – №. 2. – С. 90-94.
23. Sirojiddin S. et al. Small business and private entrepreneurship is a place to provide employment //Journal of Academic Research and Trends in Educational Sciences. – 2022. – Т. 1. – №. 12. – С. 115-119.
24. Sirojiddin S., Nodira T., Dinora S. Characteristics of price and formation //Journal of Academic Research and Trends in Educational Sciences. – 2022. – Т. 1. – №. 11. – С. 265-270.
25. Nodira T., Rashid X. Problems of innovation management in the higher education system //Web of scientist: International scientific research journal. – 2022. – Т. 3. – №. 11. – С. 155-164.
26. Khaydarov B., Tuychieva N. INNOVATIVE TEACHING METHODS FOR COMPUTER SCIENCE AND EDUCATIONAL ROBOTICS //Science technology&Digital finance. – 2023. – Т. 1. – №. 2. – С. 14-19.
27. Tuychieva N., Saitov S. Bank resources in the modernization of the economy //Science technology&Digital finance. – 2023. – Т. 1. – №. 4. – С. 41-52.
28. Хайдаров Б., Туйчиева Н. Инновационные методы обучения информатике и образовательной робототехнике //Информатика и инженерные технологии. – 2023. – Т. 1. – №. 1. – С. 200-204.